



## Player Selection - Definitions

<b>Physical</b>	
Speed	Consistently beats opponents to the ball
Running w/ ball	Uses instep to push the ball forward and execute skills quickly when in possession
Running w/o ball	Able to run at a fast speed making turns

<b>Technical</b>	
Receiving	Uses correct surface to control ball (first touch)
Passing	Able to accurately make passes of 5-10 yards using the inside of both feet and right power
Shooting	Able to accurately strike the ball using the appropriate foot surface and power
Turning	Able to stop, start and change direction with the ball
Dribbling	Can run with the ball executing changes of pace and direction while keeping close control
Heading	Able to head the ball with the forehead and in the appropriate direction

<b>Tactical</b>	
Attacking	Able to finish; desire to score; breakaway ability
Defending	Able to watch the ball and the attacker; gets between the ball and goal; attempts to win ball
Awareness	Understands the game and the roles of the defenders, midfield and forwards
Teamwork	Works well with other players and passes the ball at the appropriate time
Decision Making	Able to make the correct decisions given the situation
Communication	Understands the importance of verbal and sign communication

<b>Psychological</b>	
Aggressiveness	Tries to keep possession of the ball - works hard to get it back
Attitude & Effort	Work hard on offense & defense, gives 100%, encourages other players

<b>Scale</b>
<b>1</b> -Needing
<b>2</b> -Developing
<b>3</b> -Average
<b>4</b> -Competent
<b>5</b> -Exceptional